

P.S.H.E./R.H.E. Maple Tree Primary School – Whole School Long Term Plan 2022-23

EYFS					
Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Making Relationships, Self Confidence/Awareness, Managing Feelings/Behaviour					
Year 1					
Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Living in the Wider World Unit 1 Rules and Responsibilities	Relationships Unit 1 Communication	Relationships Unit 2 Bullying	Health and Wellbeing Unit 4 Emotions	Health and Wellbeing Unit 3 Changing and Growing	Health and Wellbeing Unit 5 Keeping Safe
Year 2					
Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Relationships Unit 3 Fairness	Relationships Unit 4 Family and Friends	Living in the Wider World Unit 3 Communities	Living in the Wider World Unit 3 Money and Finance	Health and Wellbeing Unit 1 Healthy Lifestyles	Health and Wellbeing Unit 2 Hygiene
Year 3					
Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Living in the Wider World Unit 1 Rules and Responsibilities Unit 2 Diversity	Relationships Unit 1 Communication Unit 3 Bullying	Health and Wellbeing Unit 1 Health Unit 2 Healthy Lifestyles	Health and Wellbeing Unit 3 Nutrition and Food	Relationships Unit 2 Collaboration	Health and Wellbeing Unit 8 First Aid
Year 4					
Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2

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Health and Wellbeing Unit 4 Aspirations	Health and Wellbeing Unit 5 Emotions	Health and Wellbeing Unit 6 Safety	Health and Wellbeing Unit 7 Changing and Growing	Relationships Unit 4 Similarities and Differences Unit 5 Healthy Relationships	Living in the Wider World Unit 3 Discrimination Unit 4 Economic Awareness
Year 5					
Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Health and Wellbeing Unit 3 Aspirations	Health and Wellbeing Unit 1 Health Unit 2 Nutrition and Food	Relationships Unit 1 Communication Unit 4 Healthy Relationships	Online Safety Digital Wellbeing	Living in the Wider World Unit 1 Rights and Responsibilities	Living in the Wider World Unit 2 Diversity
Year 6					
Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Relationships Unit 2 Collaboration Unit 3 Similarities and Differences	Health and Wellbeing Unit 4 Emotions Unit 5 Safety	Relationships and Health Education Drugs and Substance Abuse	Relationships and Health Education Relationships and Puberty	Living in the Wider World Unit 3 Economics	Living in the Wider World Unit 4 Enterprise