

March 2023



DEAR PARENTS AND CARERS,
WELCOME TO THE 7TH NEWSLETTER OF THIS
ACADEMIC YEAR (ALSO AVAILABLE ON THE SCHOOL
WEBSITE).

IF YOU HAVE ANY QUERIES/CONCERNS ABOUT YOUR CHILD'S LEARNING NEEDS OR WELLBEING, PLEASE SPEAK TO THEIR CLASS TEACHER OR CONTACT ME.

ANY FEEDBACK/SUGGESTIONS FOR FUTURE NEWSLETTERS IS VERY WELCOME!

My contact details are:
Tel: 01767-699806 or email:
send@mapletreeprimaryschool.com
Kind Regards, Chris Pond.

## **Emotional Wellbeing Information Resource**

If your child is struggling with their emotional and/or mental health, there are a number of local and national services offering information, advice and support for children and young people aged 0-25 years

Please click on:

https://localoffer.central
bedfordshire.gov.uk/kb5/
centralbedfordshire/direc

tory/advice.page? id=AIWOM0U5Sew

## **Calendar for March 2023:**

School Mental Health Focus: Body Scans

<u>Join in the monthly school activities at home-</u> <u>follow the link</u>

https://www.mapletreelowerschool.com/page/? title=Wellbeing+Dates+%26amp%3B+Activities& pid=367

Young Carer's Action Day 16th March Neurodiversity Awareness Week 21st-27th March

\*\*\*MAPLE TREE PARENT
GROUP \*\*\*

Next date: Monday 20th
March at 2.30pm for parents supporting parents emotional wellbeing group:)

Here is a link to this month's Central Beds

SEND newsletter with lots of activities going on...

Please click on https://content.govdelivery.com/accounts/UKCBCC/bulletins/349e535

Please follow this link to information about Sandy Children's Centre 'What's On' page:

https://www.sandychildrenscentre.co.uk/blank-cjn9 Info session for SEND Coffee breaks, Chattertots -Speech and Language Support for children around 2 years of age, Revive - Women's support group for those that are

experiencing low mood or anxiety and Dad & Me sessions.

## Mental Health Focus March

Classes will be able to take part in Body Scan meditations:)

EASTER COMPETITION: Children can win an Easter egg by designing a wacky Easter egg

"Remember you're the one who can fill the world with sunshine"

— Snow White, Snow White and the Seven Dwarf

